



**CAPACITY BUILDING INDICATORS & DISSEMINATION STRATEGIES**  
*Effective Instruction for Adolescent Struggling Readers: Professional Development Module*

**Description:** *Effective Instruction for Adolescent Struggling Readers: Professional Development Module* highlights effective teaching strategies in five reading components (word study, fluency, vocabulary, comprehension, and motivation). The recommended instructional practices align directly with the research discussed in several previous COI products.

<b>To expand RCC’s capacity, this activity or resource:</b>	
Raises awareness of new developments in fields important to states’ work.	PD module is aligned with the <i>Effective Instruction for Adolescent Struggling Reading: Practice Brief</i> and with <i>Interventions for Adolescent Struggling Readers: A Meta-Analysis with Implications for Practice</i> , a meta-analysis of 31 studies between 1980 and 2006 that consisted of an intervention focused on word study, fluency, vocabulary, reading comprehension, or multiple components of reading instruction
Helps the RCC help states accomplish a goal or solve a problem.	Allows states to identify interventions in various components of reading that are effective with adolescent struggling readers and learn about their effective delivery. Provides a PD tool that LEAs can use to inform staff.
Helps the RCC help states improve or support an ongoing state program, policy, or practice.	Can inform existing state literacy/intervention plans to ensure reading interventions for adolescents are research-based and that reading coaches and teachers receive necessary PD
Helps the RCC help states plan or initiate a new state program, policy, or practice.	Can inform the development of state literacy/intervention plans to ensure reading interventions for adolescents are research-based and that reading coaches and teachers receive necessary PD
Helps the RCC enhance states’ ability to address NCLB requirements.	Designed to deepen the RCC staff knowledge of reading interventions for adolescents and provide them with a tool for providing PD to LEAs
Helps RCC improve states’ ability to work with districts.	Is a resource that is easily disseminated to staff at SEAs and LEAs
Enables the RCC to carry out its work more effectively.	Offers recent and accurate information on effective reading interventions for adolescents. Provides an easily disseminated PD tool that States can use to inform LEAs.

**Accompanying Materials:**

- NOTE: The PD Module consists of 1) a PPT with speaker notes and 2) a Facilitator’s Guide
- *Interventions for Adolescent Struggling Readers: A Meta-Analysis with Implications for Practice*
- *Academic Literacy Instruction for Adolescents: A Guidance Document from the Center on Instruction*
- *Adolescent Literacy Resources: An Annotated Bibliography*
- *Effective Instruction for Adolescent Struggling Readers: Practice Brief*

**Suggested Dissemination Strategies:**

- Email link to the PD module documents, practice brief, and/or meta-analysis to SEA staff.
- Meet with SEA staff to discuss the instructional strategies highlighted in the practice brief and meta-analysis, and provide guidance on how LEAs could improve student outcomes by presenting the information in the PD module to their staff.
- Train SEA staff on how to implement the PD module so that they, in turn, can provide a “train-the-trainer” session for LEAs.\*

\*Center on Instruction is planning a “train-the-trainer” session for Regional Comprehensive Center staff. Details will be announced as they become available.